



THE CHAMPIONS

RSET Physical Education & Sports News Letter

Department Faculties

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AN OVERVIEW : DEPARTMENT OF PHYSICAL EDUCATION

The Department is responsible for the management and development of sports facilities, services and programmes for students and the college community. The department of Physical Education and Sports divided its activities in two broad categories, Intramural and Extramural.

Physical Education Department organised Rajagiri Champions Cup and Inter Rajagiri Basketball tournament called Chavara Cup. The department proudly present the first Rajagiri-Chavara Trophy all kerala Inter Engineering teachers cricket tournament. Along with the Annual Athletics Meet, in the intramural programme inter house competitions were held in Badminton, Basketball, Cricket, Football, Table Tennis, Throw Ball and Volley Ball.

It has been another good year for sports and investments in facilities. The department staff maintained focus on enabling more students and the college community to participate in sports and exercise and making access to competitive opportunities as simple and affordable as possible.

The purpose of the department is to recognize the role played by sports in providing a rounded, well balanced college education. The department and personnel are committed to developing and enhancing the vibrant sporting tradition through the provision of quality facilities and services for all Rajagirians. Our teams bagged various championship in this year, the MG university chess championship is the most delightful one.

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Facilities For Sports & Games

SL.NO	NAME OF THE AREA	QTY. & PLINTH AREA IN SQ.MTRS
1	Basketball courts with permanent floodlight facility	2 No's (2050 Sq.Mtrs)
2	Football Field	1 No (5850 Sq. Mtrs)
3	Cricket Ground	1 No (9000 Sq.Mtrs)
4	Volleyball Courts with Floodlight Facility	2 No's (400 Sq.Mtrs)
5	Throw ball Court	2 No's (850 Sq.Mtrs)
6	Tennis Court (clay courts)	1 No's (200 Sq.Mtrs)
7	a) Fitness Centre Gents	1 No's (500 Sq.Mtrs)
	b) Fitness Centre Ladies	1 No's (500 .Mtrs)
8	Play Ground Consist of 200 Mtrs Athletic Track, Long Jump Pit, Shot-put, Discus Throw Pits and Javelin Throw Sector.	1 No's (5850 Sq.Mtrs)
9	a) Department Room	1 No's (800 Sq. Mtrs)
	b) Sports Store	1 No's (50 Sq. Mtrs)
10	a) Indoor Badminton Courts	2 No's (1000 Sq.Mtrs)
	b) Table Tennis Area	2 No's (175 Sq.Mtrs)

CHAVARA CUP –INTER RAJAGIRI BASKETBALL TOURNAMENT

In loving memory of St.Kuriakose Chavara, every year RSET Physical Education Department organizes an inter-rajagiri basketball tournament called CHAVARA EVEROLLING TROPHY. The teams are RSET, RCASM, RCSS & SIENNA BHAVAN.

This year the tournament was inaugurated by Dr .A .Unnikrishnan (Principal ,RSET) on 12th February 2015 .RSET were the Winners and SIENNA BHAVAN secured the Runners UP .Rev.

Fr.Jaison Paul Mulerickal CMI distributed the prizes.



RAJAGIRI CHAMPIONS TROPHY

Physical Education Department organized the first RAJAGIRI CHAMPIONS TROPHY All Kerala inter collegiate Football tournament from 22 March 2015 to 26th March 2015.

12 teams participated in the tournament.8 matches were held including the Staff Vs Alumni (exhibition match).The tournament was inaugurated by Director of RSET Rev.Dr Antony Kariyil CMI.

St.Joseph's Engg.College, Pala bagged the trophy and SNGCE,Kadayerippu were the runners up. Sri C.V Pappachan (Former Indian Football Player) was the chief guest in the final and distribute the prizes.



ANNUAL ATHLETIC MEET



The 10th Annual Athletic Meet for the year 2014-2015 was a grand success.The meet began with the march past.The solemn oath taking ceremony was led by Sports secretary Mr.Anand Gejo Anto, Principal Dr.A.Unnikrishnan declared the

meet open.The individual championships were bagged by Mr.Tom Chacko James of Vikings and Henna Chakkappan of Vikings.The Overall Champions and Runners Up are VIKINGS &ARY-ANS respectively.

RSET TEAMS @ M G UNIVERSITY INTER COLLEGIATE TOURNAMENTS 2014-2015

TEAM	VENUE	NO.OF STUDENTS PARTICIPATED	PERFORMANCE
BADMINTON (MEN)	ST.PETERS COLLEGE,KOLENCHERY	6	PRE-QUARTER FINALS
BASKETBALL (MEN)	ST.JOSEPH COLLEGE ,MOOLAMATTOM	12	2 nd ROUND
CRICKET (MEN)	BHARATA MATHA COLLEGE ,THRIKKAKARA	16	2 nd ROUND
CHESS (MEN &WOMEN)	FISAT,ANGAMLY	6	WINNERS
FENCING (MEN)	ASSUMPTION COLLEGE, CHANGANASSERY	4	QUARTER FINALS
FOOTBALL(MEN)	SREE SANKARA COLLEGE ,KALADY	18	QUARTER FINALS
TABLE TENNIS (MEN)	BK COLLEGE, AMALAGIRI	5	QUARTER FINALS
TABLE TENNIS (WOMEN)	BK COLLEGE, AMALAGIRI	4	4 th POSITION
VOLLEYBALL (MEN)	SH COLLEGE ,THEVARA	12	2 nd round

RSET TEAMS PARTICIPATED OTHER INTER COLLEGIATE TOURNAMENTS 2014-2015

TEAM	VENUE	NO OF STUDENTS PARTICIPATED	PERFORMANCE
Basketball [Men]	Chavara Cup –Inter Rajagiri Basketball Tournament at RSET,Kakkanad	12	1st Place
	SNGIST TROPHY All Kerala Inter-Engg.Basketball Tournament at SNGIST –North Paravur	12	1st Place
	AmalJothi Trophy All Kerala Inter-Collegiate Basketball Tournament at AmalJothi College of Engg.,Kanjirapally	12	Participation
Table Tennis (Men)	Invitational Table Tennis Championship at Cochin College,Kochi	06	2nd Place
Cricket [Men]	KMEA CUP –Inter Collegiate Cricket Tournament at KMEA Engg College,Edathala	18	Participation
	St.Josephs Trophy All Kerala Inter-Collegiate Cricket Tournament at St.Josephs College of Engg.,Pala.	16	Participation
Volleyball [Men]	Rajagiri Invitational inter collegiate Volleyball championship at Rajagiri Business School,Kakkanad	12	1st Place
Football [Men]	Abdulla Haji MuhammedSait" Memorial All Kerala Inter Collegiate Football Tournament at KMEA Engineering College ,Edathala	18	1st place

RAJAGIRI - CHAVARA TROPHY



Department of Physical Education organised 1st Rajagiri - Chavara Trophy(All Kerala Inter Engineering College Teachers Cricket Tournament from 16th April to 18th April 2015. 8 teams were participated in the tournament.

SNGCE kadayirippu were the champions and ILA-HIA Muvatupuzha secured 2nd place.

Administrator Rev.Fr.John Therezhath distribute the prizes in the final. Sandy Joseph of RSET selected as the promising player of the tournament.



TEAM ACHIEVEMENTS!!!



RSET Chess team won the M.G University inter Zone Chess Championship held at FISAT, Angamaly.

The team members are:-

- | | |
|-------------------|----------------|
| 1) Albin Manjaly | S7 AEI |
| 2) Sreejith .H | S7 CSE (b) |
| 3) Teenu Thomas | S7 CSE (b) |
| 4) Vishnu Mohan | S5 ECE (b) |
| 5) Sarath M.Salim | S3 ME |
| 6) Abin Paul | S3 M.Tech(N.E) |



RSET Staff team won the prestigious PROFESSOR CRICKET TOURNAMENT -5th All Kerala Professor Cricket Tournament organized by SH College ,Thevara.The team defeated St.Alberts College Ernakulum in the final by 38 runs.Jeffin Johnson of RSET was selected as the man of the tournament. S H College Principal Rev.Dr.Prasant Palakkapallil CMI distributed the prizes.

FOOTBALL TEAM



Winners : KMEA Trophy

Runners Up : SJCET Cup

VOLLEYBALL TEAM



Winners : RCBS Trophy

BASKETBALL TEAM



Winners : SNGIST Trophy

Winners : CHAVARA CUP

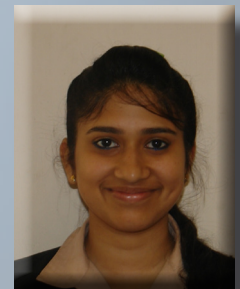
RSET Students Who Represented M G University



TEENU THOMAS, Represented M.G university chess team for the south zone inter university chess championship held at VIT.Vellore.



ITTY JOSE Represented M.G University fencing team (men) for the All India inter university Fencing championship held at Punjabi university, Jalandher.



SHERRIN RAJI Represented M.G University table tennis for the south zone inter university table tennis championship held at SRM university, Chennai.

RSET Teams 2014 - 2015



RSET SPORTS ACHIEVEMENTS IN MEDIA

